

EUREKA EXPRESS

VOL XXXV no. 6 Circ 306

July 2014



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Guest Editorial

Having lived in Rotorua for 13 years I decided to have a change in scenery. Hamilton area seemed to be the best bet with some friends and one aunty over that way.

I had decided that I wanted to live out in the country side and made several trips driving up and down all the back county roads outside Cambridge and Hamilton.

Eventually I turned into Hunter Rd Eureka and decided pretty quickly that was a nice road and there was even a section for sale down there. It looked good so that was it I sign up to buy it.

That was in 2005. Around this time it was all go for me. While overseas that same year I meet Rebecca and in 2006 we got married in Xian her home town in China.

Xian (written 西安 in Chinese characters) used to be called **Chang an** - meaning "Long Peace" and was the ancient capital for 13 dynasties which is around 3000 years.

On the scale of things Xian is only a medium city of about 8.1 million people and is the capital of Shaanxi Province which has a population of around 37.5 million. I can totally recommend Xian as a travel destination. It is an amazing place for history, site seeing, shopping and best of all, the finest food cuisine in all of China, a true meeting place of tastes from North, South, East and West. The people are very friendly.

When we got back to New Zealand in 2006 we stayed in Hamilton and the first job we did on the section was tree planting out here. We moved into our shed flat in June 2009 and finally moved into the house in September 2011. We still have plenty of jobs to do outside but really enjoying being out here now in the rural community. It's not quite as big as Xian or Shaanxi province but we don't mind that as we enjoy walking down Hunter Road where we might get passed by 3 cars and see a rabbit and a Pukeko troop.



Each year around October it gets pretty busy around here as I get into full swing on a big vege garden for summer time. Beans, corn, egg plant, cucumbers, carrots, herbs, beetroot, tomatoes, chillies, lettuce, parsnips, winter melon, bitter melon, water melon, rock melon, spinach, gerkins, capsicum, onions, radish, courgettes. Rebecca gets stuck in also freezes beans, corn and tomato paste ready for winter meals. Thank you to our farmer neighbors for cow manure for the garden. I am sure this has helped me win our company biggest tomato competition two years in a row.

Also keeping us on our toes are our two children Elina 4 yrs and Leon 2 yrs. They are picking up the Chinese mandarin language pretty good as well as English. They will need to use this when they go back to visit there grandma, cousins aunties and uncles in China.

We are pleased to be in Eureka and look forward to meeting more of you out there. A special thanks to all our neighbors who have lent trailers helped move things, dig things, cut things, gives us eggs and fruit. We better go now.

Best regards Deane Rebecca, Elina and Leon Morris

RAINFALL

	June 2014	Year to 30 th June
Month	196.5	448.5
Average (1994-2014)	124.5	547
Difference	+ 72	- 98.5

Rainfall recorded on 18 days.

In the period 1994 to 2014 only June 2010 had a higher monthly total with 201 mm



SNIPPETS



BIRTH: New baby congratulations to Dan and Janie Smith of Waverley Road who welcomed a lovely son, Jaxon, on July 19. A dear little brother for Micya. Very best wishes to all

ENGAGEMENT CONGRATULATIONS TO: Chloe Walling daughter of Len and Becky Walling of Friedlander Road whose engagement to Clinton Bell was announced on July 6. Best wishes to you both.

WELCOME TO EUREKA TO:

Tony and Lynette Walker who are the new owners of the Appleton property on Masters Road. Tony and Lynette have moved out from Rototuna and are already enjoying life in the country. They are residing in the smaller house. A warm welcome to you both. Phone 8241968

And welcome also to Paula and Jason Masters who are living in the bigger house, ex Appleton's on Masters Road. A warm welcome to you also.

And welcome to Clinton Gulliver and his wife Jess Howie who have moved onto Bridgenorth farm, State Highway 26. Jess works at the University of Waikato Library. Welcome to Eureka and we hope you enjoy your time in the district.

FAREWELL TO EUREKA: After 47 years of property ownership in Eureka, but just less than 40 years in residence, Bob and Doreen Appleton have sold their last remaining section with two houses, on Masters Road, and will now be more permanent residents of Mt Maunganui.

Bob and Doreen first bought a dairy farm in Eureka in 1967 (now the Wisse farm on SH 26) and six years later moved to the farm from Motumaoho with their four children, Rob, Trish, Grant and Carole. In 1987 Bob became a deer farmer when he fenced up 55 acres (22 ha) for deer on the corner of SH26 and Eureka Road. With a change in land zoning this block was sold in 1997 to a developer for lifestyle blocks – these days known as Manor Park. Bob and Doreen have always willingly involved themselves in the local community through the school, the Centenary, and the Eureka Express. We wish them well for the future and thank them for their years of contribution to our district.



CONGRATULATIONS TO:

Brett and Rachael Gordon of Waverley Road who placed 1st equal in the Waikato/BOP Farm Business in the Dairy Business of the Year Awards for 2014. This was a great result and made all the hard work and effort worthwhile. Well done.

YOUNG TALENTS:

At the recent Auckland Irish Dancing Competition several of our local girls did extremely well. Over 150 children participated in the Novice and Open classes from all over NZ. In the Novice Class Ashleigh Mayall received 1st, 2nd and 3rd placings, and Danielle Gordon placed 2nd, 4th and 6th. In the Open class Renee Mayall was unplaced but competed well against the top dancers of all ages. Congratulations and well done to you all.

SPORTING SUCCESS:

Congratulations to Millie Wallace and Trinaka Kenny who for the second year have been selected for the Waikato Age Girls Soccer Team. Good luck on your upcoming tournaments in Rotorua and Hamilton.

THANK YOU:

to Karen Zeeders who answered the call for recipes. We feature her contributions this month. What are some of your favourites?

BEWARE!!

A burglary occurred on a Eureka Road farm on the night of July 13. Thieves stole two chainsaws from a locked building. Do note the registration of any suspicious vehicles cruising your road and be very vigilant with security.



EUREKA BADMINTON CLUB



Eureka Junior Badminton

Big congratulations to our June Yankee Tournament Winners,

Boys: LUKE ALDRED
Girls: EMMA WALTON

A lot of competitive games with a big group of boys playing. We could do with some more girls to even up the numbers!

All Welcome - Every Wednesday 6 pm to 7.30 pm until 24 September 2014 – Matangi Hall.



EUREKA EXPRESS

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Eureka Hall

A reminder for all Eureka residents that the Eureka Hall is a community facility run by a committee of local residents who are committed to seeing that the hall and grounds are kept in good condition. The facility is available for use by local residents. An AGM is held each August to let residents know how funds have been utilized and what improvements have been done through the year.

For the last few years the committee of only seven stalwarts has done a great job of looking after the hall on behalf of the residents. The committee has only two or three meetings a year. Many of the current committee have served for many years and we would like new members to step up and continue the work done so far in protecting this valuable community asset.

AGM

AGM

AGM

The 30th Annual General Meeting of the

EUREKA HALL COMMITTEE

Will be held Tuesday 12th August 2014

At 7.45 at the Eureka Hall.

All welcome.

New members needed.

Please come along and show your support.

Secretary



Tauwhare Ceilidh Dance!!!

Definition: An evening of live Scottish music, dance and merriment for our community & beyond.

This is a fundraiser for Pukeko Preschool to raise money towards our new building. This is going to be a fabulous night. No experience necessary as you learn as you go so please mark your calendar now to bring some serious fun into your life and support a great project!

When: Saturday the 13th of September at 7.30pm

Where: Tauwhare Hall

Tickets are being pre-sold for \$20 per person and are available from Pukeko Preschool – 824 0860

Helicopter Visits School

By the 2014 School Prefects

Westmount School started in 2004, and is situated in Eureka, with a current roll of 184 students.



On Wednesday 25th June 2014, the Westpac Rescue Helicopter servicing Waikato and King Country visited the school to collect money that we had raised for them over the past few weeks. This money was raised through a quiz, for which students collected sponsors based on the number of questions that they answered correctly.

We chose to donate to this organisation as we appreciate the lifesaving services they provide to the whole of the Waikato and King Country. We raised the enormous sum of \$17,681.98, which

is a fantastic contribution to the Westpac Rescue Helicopter which benefits so many people. To put this figure into perspective, the crew told us that they often visit schools that raise \$800-\$1200, and had never heard of a school reaching \$10,000 in their fundraising efforts. This is a great credit to Westmount School and we are glad to be involved with it.

Before presentation of the cheque, the Westpac Helicopter crew gave an interesting account of their work, which involves, on a day to day basis, delivering patients from provincial hospitals such as New Plymouth, Thames, Tokoroa and Whakatane to Waikato Hospital for urgent specialised treatment. They also respond to emergency calls to recover injured persons from isolated or difficult to reach areas like the bush and mountains. All who were present were impressed with the immense amount of professional skill needed, in all kinds of weather, to save a life.

Special mention must be made of Amber Hart, one of our year 4 students, who raised the grand sum of \$1,416 by herself, and was rewarded with a ride in the helicopter.



ONE HUNDRED YEARS OF APPLES AND PEARS

There's a Centenary being celebrated in our district this month, by the Woolford family at McMiken's Newstead Orchard.

Margaret Woolford has been digging through mounds of old documentation, and has compiled a brief history and timeline of how it came to be. Her first paragraph reads thus:

"In 1914 William Jeffrey McMiken, at the time a sixteen year old cadet attending the Ruakura Institute of Farm Instruction, was given by his father, John McMiken, ten acres of land from an initial purchase of nineteen acres of bare land on Silverdale Road, then three miles from the centre of Hamilton. "I believe the position is ideal for fruit growing, but the rest is up to you son," he told his boy. Thus, with the assistance of his father 'Sunnyside Orchard' was established with initial plantings of pip and stone fruit, and a small bach and lean-to shed were built. In 1918 a small homestead was constructed, with extensions added for Jeff's family in 1930. Further neighbouring land purchases occurred in 1925 and 1941, to total twenty-six acres, with four and a half acres of hill slope bordering Hillcrest Road."

The orchard thrived, although in the early years gate sales were minimal, due to remoteness from central Hamilton, and deliveries were made to Hamilton customers and the railway station for those living further into the district.

But Jeff had four daughters and no sons, and it wasn't until Peggy married Harold Woolford in 1952 that a potential for carrying on to the next generation was provided, when Jeff invited Harold (at the time a printer) to become an employee and learn to run the orchard.

Hamilton grew around the orchard, and in 1962 20 acres of land was purchased at Newstead, initially planted in 'modern' varieties of pip and stonefruit. Harvested fruit was trucked to Silverdale, as well as bulk bins being supplied to the then Apple & Pear Board.

Then came the University, and the Silverdale land was purchased by it in 1981, but with diminishing amounts being leased back for a further decade. In 1991 the orchard all moved to Newstead, with further neighbouring land purchases there of ten acres each in 1971 and 1984. When Jeff died in 1976 the Woolfords bought the business, but retained the business name of W J McMiken & Co.

In 1984 they built a packhouse and began supplying export fruit to ENZA, as well as maintaining their on-site shop, with exporting managed by John and his wife, and Harold and Peggy running the shop. This lasted until the mid-1990s when exporting was no longer sufficiently profitable.

These days the orchard is run by John, who has also diversified into arbour work, and the shop and light orchard work is run by daughters Jean and Margaret. Peggy died in 2012, as have her three sisters, so sadly there are no McMikens around to see this centenary.

Many of those who have worked there over the years are returning for a celebratory lunch on Sunday 24 August, and all customers are invited on Saturday 23rd to come and view the slide show and detailed display which Margaret has compiled.

At 89, Harold is still found in the shop most days, as well as using his grafting skills to rebuild stocks of traditional pipfruit such as Cox's Orange, Ballarat and Granny Smiths. A lot more planting of summerfruit has been done, and they now also produce pure apple juice which is very popular with those who've tried it.

A close family business with a huge band of loyal customers, some of whom make special trips from Auckland to taste McMiken fruits!



Roll 165

We are delighted to welcome Mr David Martens to our staff. David has moved into Room 3 as our Year 3 teacher and has settled in very quickly.

CONGRATULATIONS FROM HEKIA PARATA

We recently received a letter from our Education Minister, Hekia Parata, commending the Board, Principal and staff on providing a high quality of education for our learners. She made particular mention of the demanding criteria required to receive a four to five year review, "and the important contribution Tauwhare School is making to the education of New Zealand's young people."

We are proud to be considered a highly achieving primary school and are once again on the 4/5 year review cycle.

This review is a testament to the highly skilled team we have at our school. I thank each one for their commitment and dedication to our children.

VISITING AUTHOR

We often have visiting performers at our school, but rarely has anyone made such a tremendous impact on our children. Stu Deval combines superb storytelling with art and music. He inspires children and adults alike to unleash their artist abilities.



We will definitely be inviting Stu back to our school.

THANK YOU

A huge thank you to Mark Annals for building and donating two fabulous woodwork tables. They are already very popular with the children.

If anyone has any off cuts or tools they don't need feel free to drop them into school 😊



ENVIRO SCHOOLS GREEN/GOLD

Our lead teacher of Enviro Schools, Linda Cook, is leading us all towards our Green/Gold award. This is the highest level and requires a lot of work to attain. The enviro group has over 50 students. Their latest projects were to set up the Trading Post and to plant an orchard to continue their sustainable Kai goals. They will soon lead the school in a trip to Portegys' farm to plant more trees along the riparian margin.

CROSS COUNTRY

Everyone is training hard for the cross country races to be held later this month. Mr Quenby, our head of Sport and PE, is working alongside Sport Waikato to set up challenging training routines for the children.

Have a great month 😊

Tauwhare Playgroup

We are back for term 3. We spent our first day back assembling/playing with our new toys, many of them focusing on creative play and role play. We also explored the bush track at the back of the school, which the children loved.

It is great to see more and more people come every week and watch the playgroup grow. We are after your ideas on what you want to see/do at playgroup.

After 18 months in the role Karina has stepped down as the coordinator. It has been picked up by Becky and Pippa, who bring a lot of new ideas.

We meet at Tauwhare School's Multipurpose Room from 9am-12noon every Thursday. Bring a small plate for a shared morning tea. Hot drinks provided.

For more information, contact: Becky Sharman on 824 0150, or Pippa Berry-Cope on 824 0846.

Like us on Facebook and keep up-to-date with what is happening.



Pukeko Preschool July 2014

Notice of AGM

Pukeko Preschool's Annual General Meeting will be held on Tuesday 12 August 2014, at 7pm, at Pukeko Preschool, 26 Scotsman Valley Rd, Tauwhare. All welcome. We are looking for more Trust Board members – if this is something that may interest you please contact Keren Savage for more information on 823 1543.

We had a great trip to the Huntly quarry, a big thanks to Shawn from Stevenson's who showed us around and took us for a drive into the quarry. The children had a fantastic time exploring the large dump trucks and bulldozers.

Thank you to the families who braved the cold on the last day of term to come to our Matariki celebration, it was lovely to spend time with you all. It's always lots of fun for the children to come to preschool when it's dark and get to run around in the playground under the stars!

Our focus on "I can design it" is coming to an end although I'm sure the children will continue to be inspired to design house, cars, robots and events.

If you are looking for preschool care, please come in and see us on the grounds of Tauwhare School, phone 824 0860 or email pukekopreschool@xtra.co.nz.



TAUWHARE INDOOR BOWLING CLUB

Welcome to the June / July Indoor Bowls news. With over half the season gone we still have the Waikato Champion of Champions events to negotiate; our visit to Tamahere is coming, plus the annual Erin Rosebowl fixture with Matangi in September. The Eastern Junior Championship singles was won by Melita Bargh with Amber McNally runner up – well done girls.

Results:

19 June 2014 – Open Singles

- Winner J Hooper
- Runner Up J Arnold

Ferris Trophy R Bargh

26 June 2014 – Club Night

- Winners Jim Bargh, K Williams, J Cottle
- Runners Up J Arnold, D Pizzini

3 July 2014 – Club Night

- Winners I Spencer, L Verner, B Grieveson
- Runners Up K Williams, H Bargh

10 July 2014

Mens Singles

- Winner J Arnold
- Runner Up N Stolwyk

Ladies Singles

- Winner B Meads
- Runner Up K McNally

17 July 2014 – Three Bowl Triple

- Winners B Meads, I Spencer, John Bargh
- Runners Up I Pizzini, H Bargh, N Stolwyk

Upcoming Events

7 August 2014	Club Night / Couples Night
14 August 2014	Club Night / Novelty Night
21 August 2014	Club Night
28 August 2014	Sattrup Trophy
4 September 2014	Club Night

Out and About

16 June 2014 – Puketaha Open Tournament

- Runners Up – J Hooper, R Coxons, C Olsen, K Williams

7 July 2014 – Ngaruwahia Open Tournament

- Runners Up – Jim Bargh, R Bargh, H Bargh, John Bargh

8 July 2014 – Gordonton Open Tournament

- Runners Up – B Meads, J Arnold, R Arnold, G Goodare

The Matangi / Tauwhare team's challenge for the Devon Art Cup has come and gone. St Andrews is still the holder, although after the first two games the score was tied. We sort of 'fell down' in the final round. Jim Bargh, J Arnold, J Hooper, R Arnold, B Meads and R Bargh were in the team of 16.

The Moore Cup games are underway with Jim Bargh and Jack Hooper in Eastern's team. They had a good win against Cambridge in their first match.

Our annual match with Tamahere Club is on the 25th August, at Tamahere. Our entire club is invited so keep this date free on your calendar. It will be a friendly and fun night.

Until next month - Good bowling everyone

Robin Bargh Phone 824 1819



LOOKING FOR A HISTORIAN

Waikato District Council has recently been reminded that there's a lot of history out there in its districts and, until now, there has been no concerted effort to collect up and organise it. Having taken over the Franklin District, they found that up there they have a Historical Society and have done a lot of work.

So as a start they put together the Waikato District Heritage Strategy, which is a formidable document setting out what needs doing. The Council is offering some funding and support, help with promotion and facilitation, and a process for monitoring and reviewing what is being achieved.

But this isn't something which will be done (on the never never) by Council staff. Rather they are overseeing the setting up of Heritage Committees for local areas. Eureka is now part of a grouping called the Tamahere/Eureka Ward Heritage Group, and the first meeting was held at the Tamahere Hall on 9 July, where all those present got roped into forming a committee, including those from Eureka, Newstead, Matangi, Tauwhare, and Puketaha. At the time I was the only Eureka there!

There has already been a huge amount of work done on creating the Eureka history book which takes us up to 1984, and the Jubilee book which adds a lot more recent stuff.

With the closing of the school, and Kerry Clarkin's move into town, a large amount of historical records were unearthed, and most of this stuff is now stored in two fireproof cabinets in the Hall. Because there were no plans at the time to do anything with these records, for space reasons the cabinets were put into the ladies cloakroom.

The idea of the new Heritage Committee was to hold monthly meetings (on the second Wednesday evening), and deal with this huge topic a bit at a time. **The next meeting will be held at St Stephen's Church Hall, Tamahere, on 13 August.**

It appears that the Community Planning Committee doesn't have a dedicated historian among its members, and that's what is needed for this group. Someone who knows the people who have lived here for a long period, and who would have the time to talk to them about various aspects of Eureka heritage.

Before the next meeting the group was asked to come up with some possible sources of heritage information for each district, and to compile lists relating to three areas:

Built Heritage - The legacy of man-made buildings, structures and objects and associated intangible attributes.

Natural Heritage - The legacy of natural places, objects and intangible attributes encompassing the rural and natural environment, including flora and fauna.

Cultural Heritage - **The tangible** (artefacts, ecofacts, buildings, gardens, landscapes, historic places, relic of the past, material remains big and small, and **The intangible** (folklore, language, music, dance, manners, memories, customs, traditions, histories and notions of identity).

All this would happen over time, and would doubtless involve more than one person. The sort of activities might involve:

- Searching, assembling and recording historical materials and accounts (probably starting with the stuff at the Hall)
- Preserving records and locations of importance.
- Promoting knowledge about points of interest and history in our area.

While I think this is a hugely worthwhile exercise, I personally don't have either the connections or the time to give it proper effort. So I'm looking for a volunteer who knows people around Eureka, who has an interest in our history, and who would have time to do some research on what already exists, and talk to the right people to gain more information.

I'm happy to continue to Chair the Community Planning Committee, which now has a useful network of connections in government and other organizations. I've also recently been appointed as a Community Representative on the Waikato Regional Council Central Region Catchment Liaison Subcommittee, which looks after watery matters over the section of the Waikato River and its tributaries from Karapiro Dam to Ngaruawahia. It is already taking up a lot of time just getting up to speed on the issues and actions. As Rob McGuire chairs this WRC committee and also nominated me, and Kerry Clarkin was my referee I feel very honoured to be chosen, and want to give it my best shot.

So please, anyone with a history/heritage bent, please let me know of your interest a.s.a.p. I have copies of all the documentation we have been supplied with to date, which I would love to pass on, preferably before 13 August!!!!

Sue Edmonds
824 1944

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IN YOUR GARDEN

Where has the year gone? Into August already....four months till Xmas!

If you haven't done so already, prune fruit trees and roses now. It's time also to feed roses with a blend of rose fertiliser that is specifically formulated for roses. Put a handful around the drip line – never against the stem.

For all other plants it's time for a general fert, putting on now will get them growing.

All acidic plants i.e Daphne, Camellias and Azaleas etc, need fertiliser but not lime.

If your citrus has black on its leaves this is called 'Sooty Mould', in bad cases the whole leaf will be covered. To clear this up spray with Conquer Oil, covering the tree top to bottom, repeat every ten days or so until its gone.

If you haven't done so prepare your spring vege garden, remove weeds etc and work into the soil a generous amount of compost. Do not put bark or shavings onto garden as this will leach at soil of lime etc.



Mushroom compost without bark is a very good product for any garden. Shovel this into the hole of anything you are planting and spread generously over whole garden. This product will eliminate 80% of weeds in your garden.

If you are in a frost free area you may be able to start planting potatoes etc.

Pansies and Polyanthus make a great show this time of year. Plant Pansies in full sun, Polyanthus in semi-shade and they will flower into the summer months.

Happy Gardening – keep smiling, spring is just around the corner.

Mike Roach

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LADIES A PLATE

Lemon Sour Cream Cake

125gm softened butter
2 tpsps grated lemon rind
1 cup sugar
3 eggs
1 cup plain flour
1 tsp baking powder
 $\frac{1}{2}$ cup sour cream



Beat butter, lemon rind, sugar and eggs together until light and fluffy. Sift flour and B.P. together. Fold sifted ingredients into egg mixture alternately with sour cream, mixing until smooth. Put mixture into a greased and lined 20cm round cake tin. Bake at 160 C for 45 minutes, or until cooked. When cold dust with icing sugar or ice with lemon icing.

Karen's Chocolate Chunk Oat Cookies

250g butter
 $\frac{1}{2}$ cup sugar
1 $\frac{1}{2}$ cups rolled oats
200g dark chocolate roughly chopped or chocolate buttons

3 tbsps condensed milk
1 $\frac{1}{2}$ cups flour
1 tsp baking powder

- Beat butter, condensed milk and sugar together until light and creamy.
- Add flour, rolled oats, baking powder and chocolate.
- Flatten spoonfuls on greased or baking paper lined trays.
- Bake at 180 C 15-20 mins until golden brown.



Cabbage Noodle Salad

$\frac{1}{2}$ cabbage chopped finely
4 chopped spring onions
chopped capsicum
1 pkt 2 minute noodles (chicken or pork flavoured)
crunched up
2tbsps sesame seeds
slivered almonds



Combine above. Brown seeds if wanted.

Sauce - flavour sachet, $\frac{1}{2}$ cup oil, 2 tbsps sugar, 3 tbsps white vinegar, $\frac{1}{2}$ tsp salt

Note: Make a bit in advance so noodles soften.

A bit different from coleslaw and keeps well.

Share Your Favourite Recipe With Us

Do you have a favourite recipe – maybe it is one that you created or maybe it is one that has been handed down the family. If so we would love you to share it with us and we can include it in one a future edition of the Eureka Express. Send them to editor@eurekaexpress.co.nz

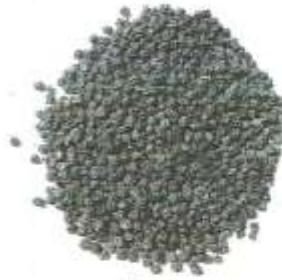
Black Pepper

Piper nigrum L.

PEPPER FAMILY (PIPERACEAE)

No plant in history has had a more telling effect on human destiny than the black pepper vine.

Since 327 BC, when Alexander the Great invaded India and discovered the joys of well-seasoned food, wars have been fought, kingdoms overthrown, unknown seas braved and continents discovered – all for the sake of the shrivelled bead-like fruits known as peppercorns. In mediaeval Europe, pepper was worth its weight in gold. In the fifteenth century, Bartholomew Dias rounded the Cape of Good Hope and Columbus discovered America, both in the quest for sea routes to the spice markets of India.



Peppercorns are produced by a woody vine. Black pepper is a flowering vine cultivated for its fruit, which is dried and used as a spice and seasoning. The fruit, known as a peppercorn when dried, is a small drupe, dark red when fully mature, containing a single seed. Depending on harvest time and processing, peppercorns can be black, white, green and red (reddish-brown). So, the same fruit is also used to produce white pepper, red/pink pepper, and green pepper. While black and white pepper were already known in antiquity, but green pepper (and even more, red pepper) is a recent invention. The pungency is strongest in white pepper and weakest in green pepper, while black and green pepper are more aromatic than the white one. Green peppercorn have a somewhat immature, herbaecous fragrance. Red peppercorns combine a sugary-sweet taste with the

mature pungency and flavour of black pepper.

Dried ground pepper is one of the most common spices in European cuisine and its descendants, having been known and prized since antiquity for both its flavour and its use as a medicine.

Black pepper's pungent bite comes from resins and two alkaloids – piperine and piperidine. These have gone into liniments and gargles; they have been used as carminatives, reducing stomach and intestinal gas; and they stimulate the heart and kidneys.

Uses and Properties

Pepper contains the alkaloids piperine and piperidine. It has been used as a carminative and a mild stimulant to the heart and kidneys. Piperine is also an effective insecticide against houseflies and garden pests.

Cheryl McFarlane

On the home front.....



Wow a busy time with shorter days and colder weather it becomes harder to be inspired to get that project going.

Recently I have come across a few friends taking on the odd furniture renovation, so here we are a few products and ideas that could inspire a simple productive renovation project.

Try deco posh which is using pictures or in my case, photo copying photos in black and white and pasting them onto a piece of furniture then varnishing over the paper once dry to give it durability and usability as furniture.

Shabby sheek look using two different colours one underneath the other and randomly sanding odd areas to show the wood and or the underneath colour of paint. You can bring in colour here or stick to neutrals; it's a really affective rustic look either way.

Whitewashing wooden furniture, this brings out the grain of wood in different shades of white. This look is fresh, clean with an element of interest.

Add new handles to a piece of furniture, porcelain handles come in all colours and designs and is a simple way of giving furniture life. Stainless, wrought iron, copper handles create looks from rustic to steampunk or minimalistic to popping colour.

Find a style and try it, its inexpensive and interesting to see what's available and how simple it is to make something look different, good or make a statement.

Danish oil is a way to restore a natural wooden piece of furniture its easy and simple to bring the wood back to life when it looks conditioned and healthy.



Leanne Hilder

Diarrhoea In Calves

The first milk produced (colostrum) is very important to all newborn animals. It contains a great amount of antibodies. They need it to produce passive immunity and helps them protect against any diseases to which the dam has been exposed. Cattle, sheep, pigs, horses and dogs as newborns are all dependant on colostrum until they can develop their own antibodies. Ideally lambs should get about 100-200 ml colostrum and 600 ml in total in the first 24 hours, newborn calves require a minimum of 2 litres of colostrum in the first 6 hours and as much as possible after that. The receptive period lasts approximately up to 24 hours in ruminants such as sheep and cattle. After this the intestine is "closed" to large molecules like antibodies. Colostrum or milk should be fed warm at approximately 37°C.

When colostrum protection reduces, the chances of developing scours becomes more of an issue. The frequency and severity of diarrhoea can vary considerably from farm to farm (between 0 and 90 %) and the financial losses can be enormous due to failure in weight gain and death of animals.

Water is the most important nutrient for life and makes up to 70% of the total bodyweight. An animal with scours, irrespective of the cause, loses large quantities of fluid, electrolytes and buffer substances, which leads to dehydration, acidosis, electrolyte imbalance and energy deficit very quickly with often fatal consequences. Maintaining water, electrolytes and energy balance is the most critical factor effecting survival. Treatments must start early with a well-balanced oral rehydration product containing essential lost electrolytes (Na, Cl and HCO₃) and a high nutrient source (usually glucose, dextrose, lactose or glycine). If administered early and in the right amounts, oral treatment can give a success rate of 95%. Early detection, prompt action and adequate therapy are the keys to a successful outcome.

Working out how much fluid the calf has lost through diarrhoea can be fairly easily worked out. A calf which is more than 10% dehydrated and unable to stand, will be difficult to treat with oral fluids alone. This calf will respond better to fluids given via the vein which usually requires veterinary intervention. It can be difficult and time consuming. Nowadays, we try to keep the calves with mild to moderate diarrhoea on milk so this provides the energy to fight the infection but give it the electrolyte therapy as well. Depending on the therapy it can be given at the same time as the milk, while some must be given many hours before or after the milk feed.

Degree of dehydration	fluid needed to restore body water (litres/ day)	maintenance water required (litres/day)	total fluids required (litres/day)
2%	1	4.5	5.5
5%	2.3	4.5	6.8
10%	4.5	4.5	9

In the case of a moderate to a severe diarrhoea we recommend 2 feeds of electrolytes and one feed of milk for the first day. The second day two feeds of milk and one with electrolytes. Continue for a third day if necessary, otherwise back to milk.

Be aware of the fact that not all treatments contain the same amount of energy. And if a calf is unwilling to drink make use of a calf drencher. Some electrolytes can be given with milk and some must be given 2 to 3 hours later or earlier. If this doesn't happen the electrolytes given with milk will prevent the milk from forming a curd and so make the diarrhoea worse.



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Introducing A New Pet To Other Household Pets

The first thing to expect when you bring a new pet into the household is a period of transition for the existing pets in your home. Expect that some pets might hide whilst others might try to push the new pet around. In some cases, the original pets might try behaviours designed to get your attention such as barking, pawing or stealing things. The important thing is that this normal period of adjustment should last no more than one or two weeks.

You can make the transition easier for new pets by using gradual introductions. To start with, the new pet should be kept separate from the other pets whenever they are not closely supervised. The original pets should have access to the same areas of the house as they previously had. The new pet should be placed in a neutral area (e.g. bathroom) with toys, water and anything else that it may need. The new pet shouldn't be in an area that is highly desirable for the other pets. These tend to be areas where people spend a lot of time with the pets such as the bedroom, or where the pets normally choose to stay when they are alone, such as near the food dishes. If, say, your current dog is always crated, then you can easily accustom it to a new dog by crating the new dog across the room where it can be seen by the original one. As the dogs get used to each other you can gradually move their crates closer together until they are side by side.

Make sure to pet-proof the area where your new pet is confined, that is, put toilet seats down, put electric cables out of the way, move fragile items and put child-guards over mains electrical sockets. The best time to perform gradual introductions is when the animals are calm; incidentally, this applies to all learning situations for pets: a relaxed environment is much more conducive to learning than a stressful one. Start by petting the original pets and telling that it is okay; but only if it genuinely is okay! Don't reward hissing, growling, or biting. If you tell a pet that it is "okay" when it is upset, you are not calming the animal - in fact you are actually rewarding the inappropriate behaviour and encouraging it to do it again in future.

Next step, if the animals in the household are calm and either ignore each other or act friendly, then you can feed them within sight of the new pet. The distance should be close enough that they can easily see and watch each other but not so close that they become upset. You can gradually reduce this distance by a few centimetres each day. If there is ever an aggressive encounter then just increase the distance between bowls back to a previously safe distance. Feeding and petting the animals when they are in each others' presence teaches them that good things happen when they are together and calm. If a pet does react violently at any point then immediately banish that animal to a neutral zone and try again when it is calm. If it happens again, then banish it for the rest of the day or evening and try again later in the day or the next morning.

Be aware that some behaviours are not violent but are still not conducive to good inter-pet relations. Be on the look out for more subtle problem behaviours: in dogs, hackles going up, staring, snarling, side-by-side posturing with growling or lip curling, or pinning the other animal by grabbing its neck; in cats (who are the undisputed masters of subtle threats) look out for direct stares and elevation of the rump and tail base with or without puffing out of the fur. Interestingly, this behaviour is perceived by another cat as a *more* intimidating threat than snarling, hissing or pouncing.

If you need to separate animals in a hostile situation, do not put your hands or body between the animals, or you could easily be injured. Use cardboard, brooms, loud noises such as whistles/foghorns or water pistols to separate animals. If you can identify the aggressor then banish that animal to neutral turf. If you can't identify the aggressor then banish all the animals to their own bit of neutral territory.



If the new pet is sitting close to the others and everything seems to be going well then tell all the pets they are good and reward them with treats. This works well with two people: one with the new animal and the other withheld rest of the pets. Make sure the people take it in turns to hold the new pet and give treats so the new pet doesn't associate rewards with just one person.

During these introductory days or weeks, make sure each pet in the household has 5 or 10 minutes alone with you every day, so you can give one to one attention, such as grooming, playing with a toy or just petting. You can even start these periods of individual attention in the days before the new pet arrives; if you can establish a regular schedule then the pets will learn to anticipate this and their overall anxiety may decrease when the new pet arrives.

Once the pets are reacting positively with each other or not reacting at all when restrained you can start to let them out of your sight. Put a bell on the new pet's collar so that you always know where it is and can get an early warning of potentially problematic interactions. To reduce competition for resources in these early days, increase the number of water bowls, litter boxes, beds and toys.

Patience and observation are the keys to success. Expect there to be a change in the dynamics between individuals: a new "king pin" may come to the fore, and this is perfectly normal: the old "boss" may even be grateful to have been relieved of his or her duties! Also accept that often the pets never become BFFs, but are fairly happy to live separate lives under the same roof. Don't try to push the animals for relationships they clearly do not want as this could easily backfire, undoing the good work you have done.

In some instances it can be harder than normal to successfully introduce new pets, with aggression persisting despite all efforts. More advanced behavioural techniques may need to be used, and talking to your vet, and/or consulting an animal behavioural specialist may be the best course of action. As a last resort, a technique called "flooding" can be used. This can be extremely effective, but must be done correctly to avoid serious trauma to the pet. In very extreme cases in which all therapies, including medication, have failed it is kindest and safest to try to find a new home for one of the pets.

In summary: at the beginning separate the pets when unsupervised; crate one or more of the pets; pet proof the home; gradually introduce the pets using food and rewards; introduce the pets during quiet times using leads and harnesses; use water pistols, foghorns or whistles to interrupt aggression; be aware of the early warning physical signs of impending aggression and know how to safely interrupt this behaviour; put a bell on the new pet when you are ready to introduce it to the household unsupervised.

These methods are good for new pets, but can also be used with *existing* pets that have begun to have some problems interacting with each other. In this situation the pet that is the victim should be fed, walked and given attention before the aggressor. This reinforces the right to some valued status. If confinement of one of the pets becomes necessary, then it is the aggressor that is confined to neutral territory or even a "lower quality" room. Make sure *not* to confine the aggressor to a room where it would rather spend time, as this will send the message that the bad behaviour was worthy of reward. Use the same sorts of gradual introductions under controlled circumstances as you would with a new pet. Put a bell onto the aggressor to keep track of it. At the first sign of aggressive behaviour startle the aggressor with the whistle or other item. Timing is everything. Anything more than 30 - 60 seconds after the event is too late. In the case of a cat, startle the aggressor as soon as it stares at the kitten; don't wait until it has pounced, as this is too late. Remember that the startle must be just sufficient to disrupt the behaviour but not excessive such that the animal becomes terrified. At the same time, reassure the victim. Once everyone is completely calm, not before, engage them in activities that are incompatible with aggression: in other words feeding and petting. If the aggression persists, then banish the aggressor until later in the day or the next morning.

I write this as my family is about to welcome a new Chihuahua puppy to a household of cats. Good luck to any of you who may be embarking on similar endeavours!





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